Case Number(s):_____

Participant UA Number: _____

Fifth Judicial District Mental Health Court

Participant Handbook



This handbook is designed to answer questions, address concerns and provide information about the program. Mental Health Court participants will be expected to follow the instructions given by the judge, the coordinator, the probation officer and the treatment provider. All participants are encouraged to share this handbook with family and friends.

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THE BASICS

WHO: You will be required to plead guilty and be sentenced to felony probation before participating in the Mental Health Program. You may not be allowed to withdraw your guilty plea if you are terminated or withdraw from the Mental Health Court program.

You have been accepted into the Mental Health Court program because of your criminal activity and your Severe Persistent Mental Illness. Due to your need of an increased level of community supervision, you will be required to live in Twin Falls city.

WHAT: The Mental Health Court program has four phases and takes a minimum of 24 months to complete. You will be expected to follow the instructions given to you by the judge, your probation officer, your treatment provider and the coordinator. The Mental Health Court fee is \$35 per month.

WHEN/WHERE: Mental Health Court is held on Thursday at 8:00 am in the Twin Falls County Courthouse.

WHY: The Mental Health Court program goals are designed to:

- Help you manage your mental illness
- Ensure community safety
- Help you to stop using alcohol, prescription drug abuse, illegal drugs, synthetic drugs and mind or mood altering substances
- Establish positive encounters with law enforcement officials and the court system
- Reduce the criminalization of people with mental illness
- Avoid jail
- Develop and maintain self-reliance to live independently
- Help you become a law abiding citizen and a productive member of your community

HOW: Mental Health Court offers you a chance to receive mental health treatment and substance abuse treatment instead of going to jail and/or prison. Each week the Mental Health Court team will discuss participant progress. When the participant has met the program requirements, they receive a reward and may be advanced a week within their phase. If the participant does not meet the requirements for that week, they do not receive a reward and may have added sanctions and/or rules placed upon them.

Disqualifying factor(s): Persons charged with, or has plead or has been found guilty of a felony a sex offense. Persons charged with, who have plead or found guilty of a felony crime of violence may be admitted with the approval of the prosecuting attorney.

TREATMENT- Upon acceptance into Mental Health Court, participants will be assigned to a treatment provider. Participants are not allowed to seek out individual treatment outside of their assigned provider unless approved by the Mental Health Court team. Treatment is designed to be a safe place where participants can learn to manage their mental health symptoms, substance use disorder, improve their social functioning and address flawed thinking patterns. Participants are required to:

- Show up on time, if a participant is sick, they must show up to treatment and ask to be excused
- Be prepared with their homework completed
- Actively participate and engage by giving feedback to their peers
- Show progress by providing examples on how they apply treatment skills in their everyday life
- Be respectful towards staff and peers
- Follow their designated treatment plan and comply with all treatment recommendations
- Comply with medical recommendations including psychiatric medication
- Maintain the confidentiality of participants and of information disclosed in treatment.

NOTE: If a participant is late, not prepared or is disruptive in treatment they may be asked to leave and will be required out complete an incident report. Threats or acts of violence will not be tolerated.

PROBATION AND PAROLE- As a condition of Felony Probation, Mental Health Court participants waive their rights to Search and Seizure including personal property, electronic devices, cell phones, laptops, personal computers, etc. Participants that delete their electronic search history, call log and messages are subject to sanction. Any contact with law enforcement must be reported to the Mental Health Court Coordinator and Probation Officer within 24 hours.

COURT ROOM RULES- Mental Health Court participants are expected to dress appropriately for court. Clothing that contains violence, gang colors/symbols or explicit language, sexual, drug, or alcohol related themes is not allowed. Hats, sunglasses, sleeveless shirts, chewing gum, clothing that is too tight and/or too loose is not allowed in court.

NOTE: Be polite to the Judge, court personnel and those in the courtroom. Profanity is not tolerated. Turn off all electrical devices. Communication with inmates is not allowed.

DRUG TESTING– Participants will be tested throughout their participation in Mental Health Court. Testing can and will occur 7 days per week including holidays.

- Participants must call the testing line **208-486-9895** daily after 5:45 a.m.
- Drug testing will be announced by Phase and/or UA number
- If you are unsure if you have to UA, report to the testing facility to follow up with staff
- Provide a photo ID at every test
- All tests are viewed
- The coordinator may allow a participant to UA in the evening due to schedule conflicts. Evening testing must be approved by the coordinator
- Daily drug testing hours 6:30 am 9:45 am
- Immediately notify the coordinator if the UA line is not updated at 5:45 a.m.

NOTE: Mental Health Court participants will be required to immediately contact the coordinator or designee via telephone, email or in person if there is an issue with their urinalysis test (for example failure to appear, failure to produce, insufficient sample, positive test, etc). During court days, participants will have until 10:45 am to test.

DO NOT USE LIST- You are responsible for everything that you consume and/or ingest into your body. In order to prevent any drug testing issues do not possess or consume any of the following:

- Alcohol of any kind including 0% beer, wine, liquor, spirits, alcohol based mouthwash
- Controlled Substances Illegal and Prescription drugs without a valid or current prescription
- Expired medication / medication that does not have the original assigned pharmacy label
- Synthetic drugs including Spice, Haze, K2, Bath Salts, CBD, Delta-THC
- "Natural" or herbal remedies including Kratom, Kombucha tea
- Ketamine IV Infusion
- Poppy seeds in any form
- Over the counter medicine containing Dextromethorphan, OTC Cough medicine
- Over the counter "Dietary Supplements", "Mood Enhancers" or "Anxiety / Depression Supplements"
- Energy drinks including any Focus, Concentration, Libido and / or Energy supplements
- Excessive fluids, cleansing, detoxifying solutions
- Baking soda, bleach, charcoal
- Creatine supplements
- Vape Pens are limited only to Non-refillable Nicotine Cartridges
- Do not dye, bleach or color your hair
- Any new tattoos or piercings

MEDICATIONS AND PRESCRIPTIONS- As a general rule, Mental Health Court participants are expected to remain drug free. When seeking medical assistance participants must notify medical professionals of their participation in a recovery program and always ask for non-narcotic medication. If the medical professional feels that only a controlled substance is appropriate, the participant is required to obtain a written note from the provider indicating such.

NOTE: The mental health court team will consider whether the controlled substance can be approved or not. Using medication that has not been prescribed to the participant will not be tolerated. Giving, selling or trading medications to others will not be tolerated.

ASSOCIATIONS- Prosocial support is essential in recovery. Mental Health Court participants are not allowed to associate with the following:

- People who use alcohol, illegal drugs, abuse prescription drugs
- People who are involved in illegal/gang activity
- People who are on felony probation and/or parole
- Associations may be restricted at the courts / probation officer's discretion

NOTE: Mental Health Court participants are not allowed to enter into any contracts, agreements or transactions with other treatment court participants. All association requests must be made directly to your probation officer.

HOUSING- Mental Health Court participants are required to maintain safe and sober housing and any changes in housing must first be approved by their probation officer. A participant's residence is subject to search by law enforcement at any time without a search warrant. Probation and Parole must approve of and be aware of all residents living with the participant. Video surveillance equipment is not allowed in the participant's residence.

EMPLOYMENT- All employment must be lawful and verifiable. Employment requests must be approved by the Mental Health Court team. Participants must inform the prospective employer of their requirements in the Mental Health Court program. Participants must make arrangements for their court appearances, treatment attendance, probation meetings, urinalysis testing and other Mental Health Court obligations. Any changes to employment must be reported to the Mental Health Court Coordinator and Probation Officer within 24 hours.

NOTE: Employment restrictions for disability, injury, illness will require documentation from your medical provider.

TRAVEL- All travel requests must be submitted 7 days in advance from the date of travel and must be approved by your probation officer. Overnight travel requests must be submitted along with a safety plan including drug testing and recovery support meeting locations in the area.

COURT COSTS: The Mental Health Court fee is \$35.00 per month and must be paid in the originating county. Mental Health Court fees must be paid in full prior to graduation. Each participant is required to develop and maintain a written budget with their case manager and probation officer. All additional probation fees, court costs, fines, fees and restitution associated with their criminal case(s) must be paid prior to discharge from probation. Participants are encouraged to save copies of their receipts and make their Mental Health Court payments on a monthly basis. Participants may request a reduction of their mental health court fees based on financial hardship at the court's discretion.

NOTE: In the event that a participant has Laboratory confirmation testing, a dilute urinalysis test, a failure to produce urinalysis test or an insufficient urinalysis test the participant may be required to pay for any additional drug/alcohol testing.

RECOVERY SUPPORT MEETINGS: Participants may be required to attend recovery support meetings which are peer led groups such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Celebrate Recovery, Smart Recovery and Wellbriety. Participants may choose their meeting, time and location that works best for them. Participants will be required to provide proof of their meeting attendance upon request.

SPONSOR: Participants may be required to obtain a sponsor. The purpose of a sponsor is to assist the newcomer on their path to recovery. Participants are not allowed to engage in romantic relationships with their sponsor. People on supervision, family members or friends may not serve as your sponsor. Sponsor must have at least 2 years of sobriety.

INCENTIVES AND SANCTIONS- Incentives are given to reward good behavior. Sanctions are given to change bad behavior. Sanctions must be completed by the participants next court date unless otherwise noted by the court.

Possible Incentives:

Verbal Praise Phase Promotion Certificate Pick of the Week Pick of the PAC Pick of the Quarter Graduation

Possible Sanctions:

Verbal Warning Write a Paper Curfew Community Service Work Detail Jail Termination

** This is not a complete list of possible incentives and sanctions**

PHASE I – Minimum of 24 weeks. In order to be successful in phase 1 you must attend all required program appointments and be willing to discuss your needs and concerns with members of the team.

- Attend Mental Health Court every week unless excused or otherwise instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or 12-step meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave Twin Falls City without permission of your probation officer. Out of county employment requires the approval of the Mental Health Court Judge.
- Work towards managing your financial responsibilities by tracking income, expenses and making payments where necessary.
- Daily curfew is 8:00 PM unless engaging in treatment, employment or an approved activity.
- Complete Phase I competency sheet prior to moving to Phase II.

PHASE II –Minimum of 16 weeks. In order to be successful in phase 2 you must begin to apply the skills offered in all treatment areas and follow the terms of your probation.

- Attend Mental Health Court 3 times per month instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or 12-step meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the 5th Judicial District without permission of your probation officer.

- Pay your court fees monthly.
- Develop a plan to achieve your financial goals.
- Daily curfew is 10:00 PM unless engaging in treatment, employment or an approved activity.
- Complete Phase II competency sheet prior to moving to Phase III.

PHASE III –Minimum of 16 weeks. In order to be successful in phase 3 you must constantly apply the skills offered in treatment and begin to identify and work on future goals and needs.

- Attend Mental Health Court twice per month as instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or 12-step meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the 5th Judicial District without permission of your probation officer.
- Pay your court fees monthly.
- Begin working towards your financial goals.
- Daily curfew is set at PO's discretion.
- Complete Phase III competency sheet prior to moving to Phase IV.

PHASE IV – Minimum 10 months. In order to be successful in phase 4 you must apply the skills offered in treatment as needed. As you prepare to complete Mental Health Court pro-social activities are encouraged.

- Attend Mental Health Court once per month as instructed by the Court Coordinator.
- Report to probation officer as directed.
- Collaborate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or 12-step meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the 5th Judicial District without permission of your probation officer.
- Pay your court fees monthly.
- Continue working towards your financial goals.
- Daily curfew is set at PO's discretion.
- Complete Before and After Letter, Long-term recovery plan and Phase IV Project.

Phase IV Project: The Phase IV project allows the participant an opportunity to apply their values, goals and skills towards a good cause leading to a positive impact in their community. Participants must present a written project proposal to the Mental Health Court team for approval. It's recommended that participants volunteer at least 10 hours of their time towards the project.

TERMINATION– Participation in Mental Health Court is voluntary and participants are eligible to voluntarily terminate themselves at any time. However, the original sentence may be imposed. Unsuccessful termination happens when the participant fails to follow the program rules which includes but is not limited to

- Dishonesty
- Continued drug and alcohol use
- Failure to engage and/or progress in the program
- Receiving new criminal charges
- Violence and/or threats of violence
- Sexual harassment
- Absconding/avoiding supervision
- Threats or risks to public safety

NOTE: Participants that are terminated from the program are entitled to their due process rights according to law before a sentencing judge. If the participant is found to have not committed the violations as alleged, they will be returned to Mental Health Court for continued participation.

Graduation– We will celebrate you and your success. Family and friends are encouraged to attend your graduation. In order to graduate from Mental Health Court you must accomplish the following minimum requirements

- 12 months of sobriety including alcohol, prescription drug abuse, illegal drugs, synthetic drugs and mind or mood altering substances
- 12 months of steady employment unless retired, disabled, or full-time student
- Successful completion of all court ordered treatment
- Maintain sponsor contact as directed
- Regularly attend recovery support meetings
- Completion of all specialized probation terms
- Mental Health Court program fees must be paid in full
- Completion of an approved Phase 4 project and a "Before and After" letter; and
- Completion of a long term recovery plan

NOTE: Graduates may petition the court and request that their felony case(s) be dismissed and/or amended per Idaho Code 19-2604. The Mental Health Court Judge may waive or alter the minimum graduation requirements at the court's discretion.

TARC Drug Testing Center	(208) 486-9895	
630 Addison Ave. West	Drug testing hours	
Twin Falls, Idaho 83301	6:30 AM – 9:45 AM	
Felony Mental Health Probation Officer	(208) 644-7243	
Kristen Claeys	kclaeys@idoc.idaho.gov	
731 Shoup Ave. W.		
Twin Falls, Idaho 83301		
Mental Health 24-Hour Crisis Line	(208) 736-2177	
823 Harrison	· · · · ·	
Twin Falls, Idaho 83301		
Mental Health Court, ACT team	(208) 736-2177	
823 Harrison	· · · ·	
Twin Falls, Idaho 83301		
Preferred Child and Family Services, Inc.	(208) 733-7186	
284 Martin St.		
Twin Falls, Idaho 83301		
Mental Health Court Coordinator	(208) 736-4122	
Israel Enriquez	israel.enriquez@tfco.org	
260 4th Ave. North Suite B		
Twin Falls, ID 83303		
Mental Health Court Admin. Assistant	(208) 735-4374	
Abby Montano	abby.montano@tfco.org	
260 4 th Ave. North Suite B		
Twin Falls, ID 83303		
St. Luke's Hospital	(208) 814-1400	
801 Pole Line Rd. West		
Twin Falls, Idaho 83301		
Twin Falls Public Defender's Office	(208) 734-1155	
233 Gooding St. N.		
Twin Falls, Idaho 83301		
Idaho Division of Vocational Rehabilitation	(208) 736-2156	
650 Addison Ave. W., Suite 102		
Twin Falls, Idaho 83301		
Suicide and Crisis Lifeline	988	
Available 24 hours per day		
Crisis Center of South Central Idaho	(208) 737-1128	
570 Shoup Ave. West		
Twin Falls, Idaho 83301		

Mental Health Court Contact Information

FIFTH JUDICIAL DISTRICT MENTAL HEALTH COURT CONTRACT

(Effective October 19, 2022)

I, ______, as a condition to my acceptance into Mental Health Court hereby agree to accept and abide by the following terms and conditions for Mental Health Court and hereby acknowledge that any waiver of my constitutional or statutory rights is voluntary, knowing, and intelligent and was reviewed and discussed with my attorney. I further understand that before I can be formally accepted into Mental Health Court that I must have: (1) entered a plea of guilty to a qualifying felony offense and (2) a qualifying Mental Health Evaluation. I therefore agree as follows:

1. ATTENDANCE. I shall report in person on the dates and times specified for all court dates; treatment groups; community support meetings; drug or alcohol testing; and any other dates and times specified by the Mental Health Court team or the Mental Health Court Coordinator. I will not leave or attempt to leave the state or my assigned district in an effort to abscond or flee supervision. I will be available for supervision as instructed by Mental Health Court and will not actively avoid supervision.

2. MEDICATIONS. I understand that psychiatric treatment including medication management will be provided by the Mental Health Court provider only. I will take psychiatric medications as prescribed and will comply with all treatment and medication recommendations. I will discuss any medication side effects with my provider. I understand that seeking or receiving psychiatric care from other sources will be subject to sanction up to and including termination.

3. MEDICATION MANAGEMENT. I will provide a list of all physicians and pharmacies used for nonpsychiatric treatment. I understand that the use of additional doctors or pharmacies without prior approval will result in sanction by the court. I agree to inform my treating physician that I am dependent or addicted to narcotics and /or illegal drugs and/or alcohol and will request that my physician prescribe to me nonnarcotic medications if medically reasonable.

4. CONDUCT. I will not make threats towards other participants or staff or behave in a violent manner. I understand that violent, threatening, provoking, discriminatory, or inappropriate sexual behavior will not be tolerated and may result in a sanction or termination from the Mental Health Court program.

5. CONTROLLED SUBSTANCES / ALCOHOL I shall not purchase, possess, or consume any ethyl alcohol, illegal drugs, designer synthetic drugs, prescription drugs without a valid prescription, drug paraphernalia or mood altering chemicals or substances. Any prescription or over-the-counter medication use must be immediately reported to the Mental Health Court team for review. Abuse of or failure to report prescriptions or over the counter medications will result in a sanction.

6. TESTING. I agree to attend and participate in all required drug and /or alcohol testing as directed by the Mental Health Court team. I understand that if my test sample is insufficient or diluted that my test sample may be deemed a positive test. If the results of the test indicate an adulterant has been used to interfere with the results, that test will be deemed to have been positive. Participants must provide a urine specimen within 60 minutes of the request or within the time allotted by any drug testing agency.

7. CONFIDENTIALITY. I agree to maintain the confidentiality of participants and of information disclosed in treatment. If a Mental Health Court Participant breaks confidentiality, the circumstances involved will be carefully examined by the Mental Health Court Staff and possible Court Sanctions may be applied which may include Termination from the Mental Health Court Program. _____

8. CURFEW. I agree to comply with and obey any curfew that may be imposed by the Mental Health Court Staff. _____

9. RESIDENCE. I will reside in a location approved by Mental Health Court. Any change of my residence must first be approved by the Mental Health Court team. I will notify my probation officer and the Mental Health Court Coordinator of any involuntary move from my residence within 24 hours. _____

10. LAWS AND COOPERATION. I shall respect and obey all laws and shall comply with any lawful request of Mental Health Court or any law enforcement officer or agent of the Department of Probation & Parole. I understand that if I should receive new criminal charges during my participation in Mental Health Court for an offense that occurred before or after my acceptance into Mental Health Court that such an occurrence could result in my termination from Mental Health Court. I will notify the Mental Health Court Coordinator and my Probation Officer of any law enforcement contact within 24 hours.

11. TRANSPORTATION. I understand that it is my responsibility to provide transportation for myself to attend treatment; court appearances and any other requirements of Mental Health Court. Further I will not operate a motor vehicle without a valid license, registration, insurance (and interlock device if applicable).

12. ASSOCIATIONS. I will not associate with anyone who is committing a law violation; who is on probation or parole; or who is a convicted felon without first obtaining permission from the Mental Health Court team. Participants are required to provide a list of all associates (first and last names) to the Mental Health Court Probation Officer for approval. I will also not associate with any group or individual as ordered by Mental Health Court.

13. TRAVEL. I shall not leave this State or the Fifth Judicial District without first obtaining written permission from Mental Health Court.

14. EMPLOYMENT / EDUCATION. I shall seek and maintain gainful, verifiable, full-time employment (if applicable within the limits of a documented disability), be enrolled as a fulltime student or participating in such programs as approved by Mental Health Court. I understand that a change of employment or education shall not occur without prior written permission of Mental Health Court.

15. SEARCH AND SEIZURE. I agree and consent to the search and/or seizure of my person, automobile, residence, real property, and any other property (including electrical devices), at any time, and at any place, by any law enforcement officer, peace officer, or probation officer and hereby knowingly, intelligently and voluntarily waive my rights under the Fourth Amendment and the Idaho constitution concerning searches.

16. WEAPONS / CONTRABAND. I shall not purchase, carry, own or have in my possession or control any firearm, ammunition, explosives, archery equipment, projectiles or weapons of any type. I will not reside at any location where firearms are present. I will not possess or control any law enforcement or surveillance equipment, including but not limited to, scanners, video surveillance, handcuffs or handcuff keys. _____

17. COURT COSTS. I shall pay any and all Mental Health Court Fees as directed by the Mental Health Court Judge. I understand that graduation from Mental Health Court is conditioned on the payment of all Mental Health Court fees, court fines and restitution. The Mental Health Court Judge may waive Mental Health Court fees at the court's discretion.

18. BUDGET. Participants are required to maintain an accurate working budget and to follow the financial advice and/or directions of the Mental Health Court team. Participants are expected to submit their budget to

the Mental Health Court team for review upon request and for each change in phase. Any expenditure in excess of \$200.00 must be preapproved by the Mental Health Court Coordinator or Probation Officer.

19. PROBATION. Compliance with all terms and conditions of probation listed in your Judgment of Conviction and / or Probation Order is a requirement of Mental Health Court.

20. **HONESTY.** Participants shall be truthful in all communications with the Mental Health Court team. I shall not cheat, tell any lie, or exaggerate or minimize my statements, conduct or actions in anyway. I understand that a key component of my recovery is honesty, responsibility and accountability for my conduct, behavior and actions. _____

21. EVALUATION AND PROGRAM PLAN. I shall meaningfully participate in and successfully complete any treatment, counseling or other programs deemed beneficial and as directed by the Mental Health Court program. _____

22. CLIENT CONSENT TO EX PARTE COMMUNICATION. As a participant in the Fifth Judicial District Mental Health Court, I have been informed that under ordinary circumstances, a prosecuting attorney is not permitted to communicate with me about my case without the consent of my lawyer or an order from a court. I have also been informed that my defense attorney is not permitted to communicate with a judge without the prosecuting attorney being present. However, because of the nature of the Fifth Judicial District Mental Health Court and the Mental Health Court team's frequent need to make decisions regarding my participation, I consent to and authorize the State's attorneys to communicate with me without my lawyer being present during my participation in the Fifth Judicial District Mental Health Court program. I also consent to and authorize my lawyer to communicate ex parte with the judge regarding my participation in the Fifth Judicial District Mental Health Court program.

23. ADDITIONAL RULES. I understand that additional requirements may be imposed upon me. All additional rules will be explained to the participant and/or provided in writing. Additional rules may include but are not limited to No Contact Orders, Community Service, Work Detail, Written Reports, Payment Agreements, Reporting, Jail, etc. I further understand that I could be expelled from Mental Health Court if I breach any express term or condition of this contract or if in the opinion of the Mental Health Court staff I am not satisfactorily progressing through the Mental Health Court program, the treatment phases or if I am not doing what is expected of me. _____

I have read, or have had them read to me, the above agreement. I understand and accept these conditions of supervision. I agree to abide by and conform to them and understand that my failure to do so may result in my termination from the Mental Health Court Program.

Participant Signature

Defense Attorney Signature

Date

Date